



EDUCATIONAL PACKAGE  
**Wellbeing & Happiness Skills**  
Video Series for Secondary Schools



EDUCATIONAL PACKAGE  
**Wellbeing & Happiness Skills**  
Video Series for Secondary Schools

DVD 1 & DVD 2 (total 14 videos)  
Download of the videos onto the school network  
2 sets of Teachers Booklets 1 & 2 with Lesson Plans  
and Handouts for at least 24 Lessons  
2 x 'Happiness Skills based on Positive Psychology'  
books containing additional material  
Pdf download of this book onto the school network  
2 x Students Assessment Sheets  
24/7 Supportive Website & Upcoming App  
**TOTAL € 400**

DVD 1 & DVD 2 (total 14 videos)  
Download of the videos onto the school network  
2 sets of Teachers Booklets 1 & 2 with Lesson Plans  
and Handouts for at least 24 Lessons  
2 x 'Happiness Skills based on Positive Psychology'  
books containing additional material  
Pdf download of this book onto the school network  
2 x Students Assessment Sheets  
24/7 Supportive Website & Upcoming App  
**TOTAL € 400**

ADD-ONS

Set of Teacher's Booklets 1 & 2 & Students Assessment  
booklet € 25 5 sets: €100

Happiness Skills Book € 12

Set of 24 Character Strength Cards € 20 6 sets: €100

5 Sets of Role Playing Cards €30

Profit goes towards further development and creation of educational well-being  
programs.

Michaela Avlund 0861692506 [Order Online](#)

[www.WellbeingSkills.me](http://www.WellbeingSkills.me) [avlund.dk@gmail.com](mailto:avlund.dk@gmail.com)

ADD-ONS

Set of Teacher's Booklets 1 & 2 & Students Assessment  
booklet € 25 5 sets: €100

Happiness Skills Book € 12

Set of 24 Character Strength Cards € 20 6 sets: €100

5 Sets of Role Playing Cards €30

Profit goes towards further development and creation of educational well-being  
programs.

Michaela Avlund 0861692506 [Order Online](#)

[www.WellbeingSkills.me](http://www.WellbeingSkills.me) [avlund.dk@gmail.com](mailto:avlund.dk@gmail.com)